

Best Strain Stra

Senior Services Division Annual Report



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Division Overview

The Senior Services Division plans and implements programs, services, and policies supporting the needs of the county's aging population. These objectives are achieved through many services including, but not limited to:

- In-Home Services that support independence for older adults as their care needs change preventing premature long-term facility placement. These support services include: assistance with activities of daily living like bathing, small meal preparation, chore or housekeeping, home adaptations, and respite for caregivers. Additionally, home delivered meals are provided to vulnerable older adults who are homebound and in need of nutritional support and medical transportation to critical medical appointments within the County.
- 2. Our three Senior Activity Centers: North Davis (Clearfield), Central Davis (Kaysville), and South Davis (Bountiful), offer highly beneficial opportunities for social interaction, congregate dining, and educational and evidenced-based classes for staying active and healthy.
- 3. Community outreach and engagement efforts in which our Retired and Senior Volunteer Program (RSVP) provides hundreds of volunteers with the opportunity to make a positive impact within their community by volunteering at locations like animal shelters, food pantries, and state parks. We answer calls, connect seniors to resources, provide Medicare Counseling, and protect the rights of residents in long-term care facilities through our Long-term Care Ombudsman Program.

Enrich the lives of older adults and caregivers through advocacy, engagement, connection to resources, and person-centered services for aging in place.

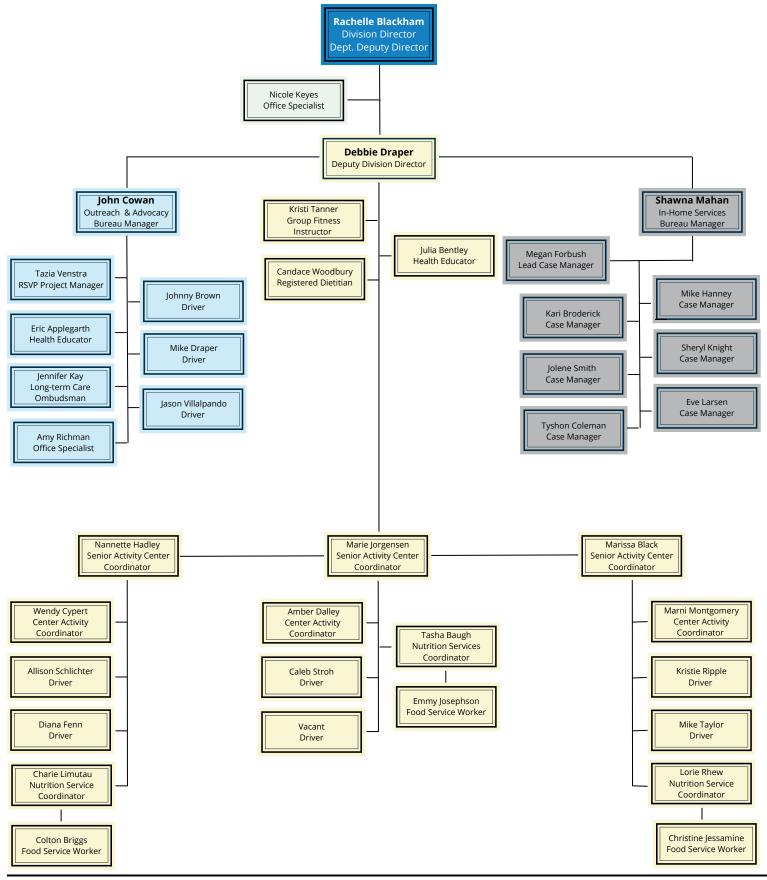
Davis County Senior Services Mission Statement

Senior Services Four-Year Plan Alignment

We are in year two of our Division four-year plan (2023 - 2027) or strategic plan that focuses on the six priorities listed below:



Organization Chart



Division Highlights

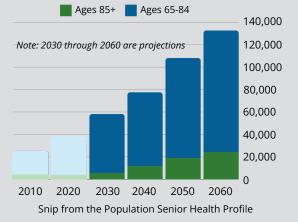
Health Profiles



Throughout 2024, the Division has worked to create senior-specific health profiles, which are one-pagers examining the current data on a health topic that impacts older adults. These profiles also highlight related programs that the Division maintains to encourage positive health outcomes. As of December 2024, 8 profiles have been completed out of 10 profiles in total. All completed health profiles can be found on the Davis County Health Department's website.

Topics of Health Profiles
Population
Housing
Dementia
Caregiving
Malnutrition
Mental Health & Social Isolation
Suicide Prevention
Injury Prevention





Senior Farmers Market

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In July, the Division began the Senior Farmers Market program, providing fresh fruits and vegetables to low-income older adults. This program came about through partnerships with the Utah Department of Health and Human Services Senior Farmers Market Nutrition Program and Backyard Urban Gardens (BUG). 73 individuals were enrolled in the program and given vouchers to purchase food that was delivered weekly to our Senior Activity Centers. 90% of enrolled clients actively participated in the program, leading to over 300 pounds of fresh produce being distributed to older adults in Davis County.



Additionally, through quality improvement efforts, we ended the farmers market season with a 78% redemption rate, meaning program incentive vouchers were used for 78% of the locally grown produce we received. This leads to program sustainability. An added bonus is the leftover produce was donated to older adults in our Senior Activity Centers (nonlow-income) to reduce food waste.

Program Sustainability







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Automatic Doors 🙀

The Division received Community Development Block Grant (CDBG) funds in 2024 to improve the accessibility of both Central Davis and South Davis Senior Activity Centers. Automatic entrance doors were installed at both centers. The Division received the Environmental Change award by the Utah Disability Advisory Committee for these improvements!





Installed March 2024

SNAP Grant

Installed February 2024



The Division applied for and received a Supplemental Nutrition Assistance Program (SNAP) grant through the National Council on Aging (NCOA) that will help individuals aged 60+ enroll in SNAP benefits. Receiving this grant allowed the Division to hire a Registered Dietician to support our Senior Nutrition Program, providing vital nutritional counseling and education to older adults throughout Davis County.



The Division's goal is to assist with the submission of 650 SNAP applications,

which will be accomplished through our collaboration with community partners and the Community Health Division. In 2024, 61% of our home delivered meal clients and 28% of our congregate meal clients were at nutritional risk.

Ombudsman Program 🕰

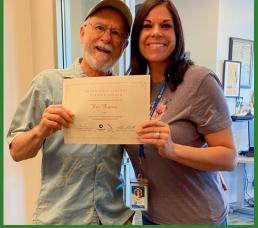
The Division's Long Term Care (LTC) Ombudsman, with support from the Davis County Clerk's office, coordinated the distribution of voting resources to all LTC facilities in the county, ensuring that residents had the information they needed to register and vote in the 2024 election. Many residents had not updated their address to reflect their current residence and had not received a mail-in ballot during previous elections. The LTC Ombudsman also advocated for residents to be transported to their local polling station so they could vote in-person. A total of 37 LTC facilities were contacted, potentially helping over 2,500 residents exercise their right to vote.



Supported Aging



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Healthy Aging















Partnerships and Collaboration

Davis Behavioral Health

The Division's Long Term Care (LTC) Ombudsman, in partnership with Davis Behavioral Health (DBH), worked to increase access to mental health services among residents of assisted living and skilled nursing facilities. Residents of LTC facilities often have transportation or communication barriers that prevent them from receiving DBH services. A needs assessment survey was created and distributed to all 31 assisted living facilities in Davis County. 30% of facilities responded to the survey. Of those facilities, 90% reported that more than five of their residents required mental health services and 70% indicated that residents would need mental health services to be provided at the LTC facility.

90%

70%

Facilities reported more than five of their residents require mental health services

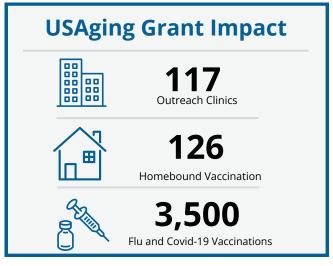
Indicated that residents would need services to be provide at the facility

To address this need, DBH contracted with a third party provider to bring mental health services to LTC facilities, improving residents' access to care.

USAging Grant



The Division received funding from USAging to provide vaccinations to older adults. The vaccines offered included Flu, COVID-19, Pneumonia, Shingles, RSV, and other routine vaccines. Vaccination clinics were offered in all three Senior Activity Centers in September, October, November, and December. These vaccination clinics also allowed us to dispense the newly approved respiratory syncytial virus (RSV) vaccine. Additionally, the USAging grant helped expand in-home vaccinations for homebound and medically compromised clients. At the end of 2024, we have exceeded our goal of providing 3,500 flu and COVID-19 vaccines to seniors within the County. We received additional funding to continue our vaccination efforts into the first few months of 2025!

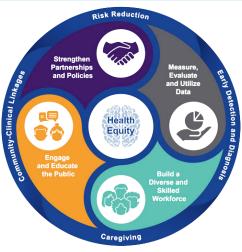


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Healthy Brain Initiative 差

The Davis County Health Department (DCHD) was one of ten health departments across the U.S. to be selected to participate in the Healthy Brain Initiative (HBI) Road Map Strategists program, led by the Alzheimer's Association and the National Association of County and City Health Officials (NACCHO). This initiative aims to promote brain health and support individuals affected by dementia through raising awareness about dementia resources, education, and support services.

The framework of the HBI Road Map consists of four domains built from the Essential Public Health Services



The Division has begun providing dementia training for all DCHD staff through online training modules, teaching staff members to identify local resources that support caregivers and individuals with dementia. This training will be updated regularly, ensuring that staff have access to the most current information.



The Division also hosted four immersive dementia training sessions, two for DCHD staff and two in the community. All four training sessions received positive feedback from attendees, and will continue to be hosted throughout the County.



How would you describe your experience? The words shown were the most common responses to the Dementia Live experience in our Senior Advisory Board Meeting

Caregiver Conference

In partnership with the Utah Geriatric Education Consortium and the Alzheimer's Association the Division was able to host a Caregiver Conference in February. The conference provided education to 73 caregivers and community professionals on topics such as Veteran Affairs (VA) Caregiver Support Programs, VA Healthcare Enrollment, Screening for Dementia, Depression, Delirium, What is Alzheimer's Disease and Dementia. Additionally, the conference highlighted the services and programs provided by the Division.

Davis School District



The Division continues to partner with the Davis School District (DSD) for them to provide a robust driver training program that meets Entry Level Driver Training requirements for our staff. Our Division accidents were down 80% this year compared to last year, decreasing from 10 to only 2 in 2024.

Notable Events

RSVP Recognition Event

In October, the Davis County AmeriCorps Seniors RSVP program held its annual volunteer recognition event. Thanks to the generous support of the Davis County Health Department, volunteers were allowed to bring a guest to the event. Of the 173 attendees, 122 were volunteers and 51 were guests. The event had a 1950's theme and included a catered BBQ chicken dinner, photo booth, live music by "Rocking" Dave", dancing, ice cream sundaes, and a recognition gift bag for each volunteer. Department and County leadership spoke and thanked RSVP volunteers for providing over 40,437 hours of service-valued at \$1,353,830-to our community.



RSVP volunteers' most notable accomplishments in 2024 include delivering 93,734 meals to homebound seniors, providing food to 10,788 individuals at the Bountiful Community Food Pantry, advocating for 312 residents in long term care communities, maintaining or improving more than 45 miles of trails at Antelope Island State Park, and serving lunch to 1,298 Senior Activity Center patrons.

Combined Center Activity (Car Show) 🐞 🏠

Each quarter, the Division hosts a combined Center activity, inviting clients from all three Senior Activity Centers to attend. These events are designed to foster socialization and camaraderie among older adults who attend different Centers. This June, we hosted our most popular combined activity to date at Central Davis Senior Activity Center, with approximately 150 seniors in attendance. The event featured a backyard car show that showcased 11 classic cars, thanks to the efforts of a Center volunteer who helped secure the vehicles. Attendees also enjoyed a barbegue and live music from a local band. The event was a great success, bringing older adults together in a fun and engaging way.



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Aging Resources



















Impact at a Glance

4 Year Plan Continuous Efforts

	 Partner with the University of Utah in an older adult malnutrition study Health Resource Fairs to connect older adults to resources Provide Dealing with Dementia and Dementia Dialogue courses
	 Increase participation at Senior Activity Center to combat social isolation Spend ARPA funds to meet older adult needs Provide homebound immunizations and host vaccination clinics
fii	 Outreach and engage underserved and underrepresented older adult communities Promote person-centered care or participant directed in all programs
	 Provide non-emergency medical transportation Enhance community partnerships to meet the needs of older adults Identify sustainable funding options
Ż	 Provide education, resources, and recognition to caregivers Advocate and develop dementia friendly programs Align with Utah Family Caregiver Plan and Utah ADRD Plan
STA	 Advocate for the rights of individuals in Long-Term Care Facilities Provide education about scams, financial exploitation, and elder abuse

Facilitate monthly CAPE meetings and training

New Division Software Age Wise Implemented in December 2024

94 Quick Quack Quality Submissions June Top Performer

Highlighted Submissions

5 Whys

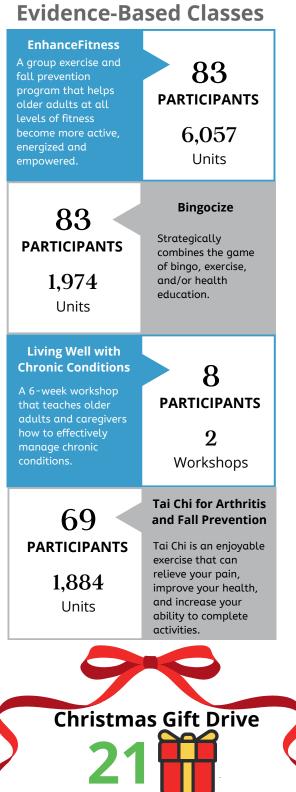
Used the 5 whys when performing root cause analysis on Ombudsman Program evaluation

Survey/Action on customer Feedback

Did a recent survey with our patrons to get ideas on what places they would be interested in going to for lunch bunch. Also, asked their feedback on some ideas for future Field Trips and if they would be interested in going. This helped us see what their interests are and helped us narrow down the best places to go.

Update Processes

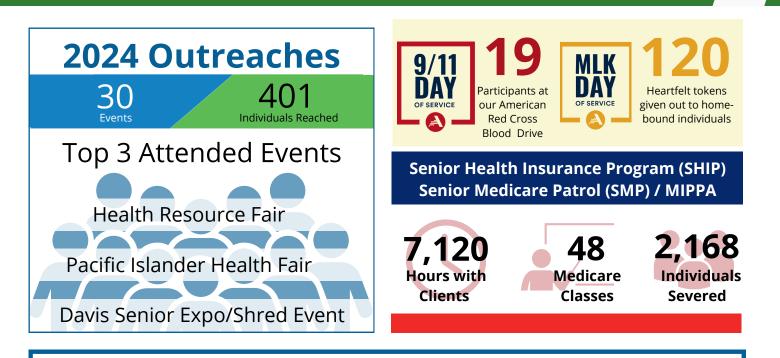
"Updated Volunteer and Station Handbook information. This will provide current information to volunteers and their stations vs. the outdated info we have now "

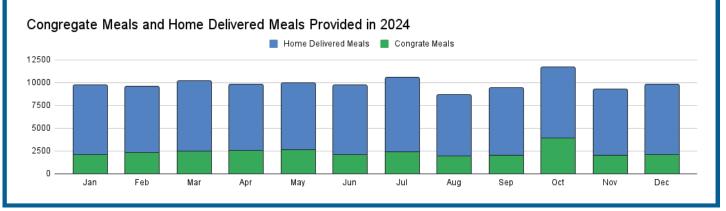


Healthy Aging

Senior received gifts

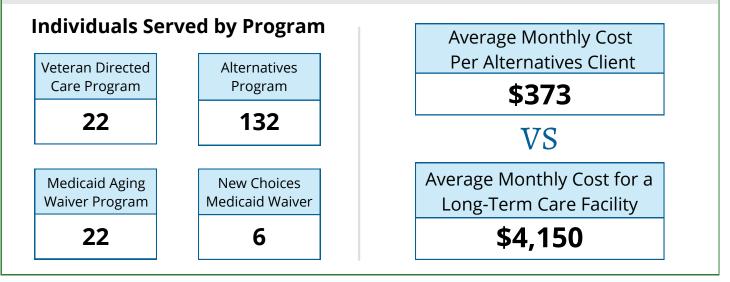
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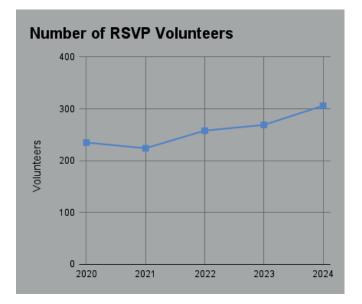
In-Home Services

Provides support and services for older adults as they age within their home.

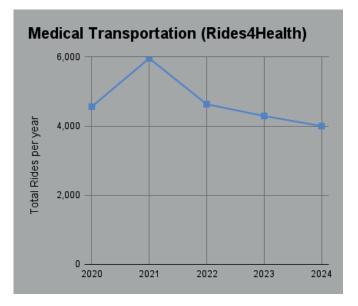


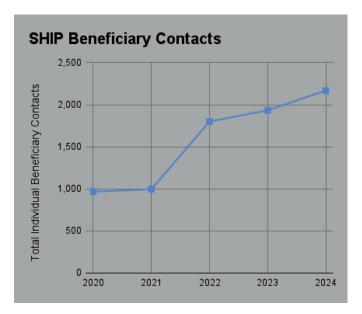
Program Trends

Outreach and Advocacy



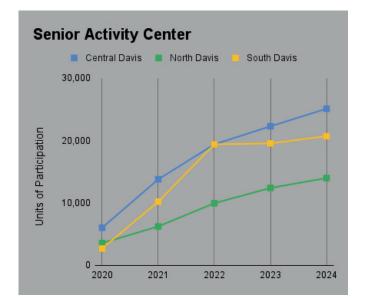


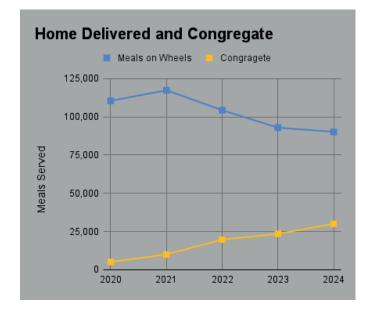




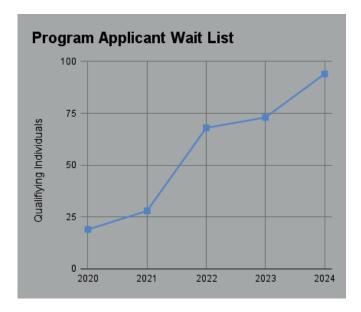
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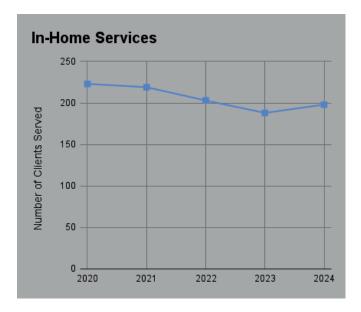
Senior Activity Centers and Nutrition





In-Home Services





Recognitions

"WE MUST FIND TIME TO STOP AND THANK THE PEOPLE WHO MAKE A DIFFERENCE IN OUR LIVES." - JOHN F. KENNEDY

Adams, Carol Allen-Metz, Celeste Allen, Barbara Allen, Sidney Allred, Michael Amos, Ruth Amos, William Anderson, Don Anderson, Gale Bain, Cindy Ballou, Patty Ballstaedt, Diane Barber, Angela Barham, Debra Barker, Jean Barrett, Winifred Bean, lim Beard, Michael Bee, Leslye Besse, Brett Bingham, Melanie Bird, Vickie Black, Melanie Blair, Lynn Blanchard, Paul Bodily, Patricia Bodily, Victoria Bradshaw, Michelle Bright, Jan Broadbent, Eleanor Broadbent, Kent Broadbent, Meg Broadbent, Warren Brown, Donna Brown, Mary Brown, Ruth Butcher, Kathy Butler, Keith Bybee, Carma Butcher, Kathy Butler, Keith

Bybee, Carma Call, Rex Call, Ruth Campbell, Susan Card, Norma Carroll, Jacquelyn Carter-Nielsen, Stephanie Carter, Bonnie Catoe, Mitchell Chase, Rita Chase, Wendy Checketts, Denece Christensen, Jessica Christensen, Lulean Christiansen, Ron Cloward, Charles Coe, Janis Cole, Lori Connelly, Claudette Cook, Marsha Cooper, Katheleen Cowder, Carolyn Cox, John Crispo, Anita Cummings, Catherine Daniels, Janus Davis, John DeJong, Ana DeMille, Helen Devenport, Shauna Dilks, Phyllis Doubleday, Susan Draper, Michael Drouin, Joelle DuFour, Georgina Earl, Stanley Elliott, Lynette Erhart, Susan Evans, Debbie Evans, Thomas Ewing, Shirley

Ferguson, Brian Fifield, Nathan Fillmore, Max Fillmore, Sharla Fitzgerald, Donald Fixmer, Connie Fixmer, William Freeman, Ronald Furse, Lorraine Gabron, Carie Gardner, Dennis Garner, Edwin Garner, Venice George, Cindy George, Matthew Gerberding, Mark Gibbs, Janet Gillie, Margaret Glover, Curtis Glover, Nicolette Grimaldi, Laura Gruis, Amy Gruis, Brian Gubler, Kahl Gunnuscio, Jim Hales, Susan Hall, Steve Hall, Winon Hambleton, Larry Hamblin, Michael Hanken, James Hanken, Jim Hartley, Richard Hartman, William Harvey, Marci Harvey, Marcie Hathaway, Debra Henderson, Karen Hepworth, Tyler Hewitt, Jeffery Hewitt, Paulette

Hewlett, Neal Hicks, Carel Hicks, Franklin Hill, Alan Hill, Richard Hirst, Holly Hole, Christie Holman, Susan Holmes, Chad Holmstead, JoAnn Holmstead, Randy Hooper, Gary Hortin, Patti Howard, Darlene Howe, Darlene Hubbard, Ronald Hubbard, Sandra Huffaker, Lauralyn Hughes, Elaine Hughes, Roger Hunsaker, Spencer Hunt, Barry Hunt, LeAnn Husak, Jacklyn Inman, Michael Inman, Sandra Jackson, Doug Jamison, Steve Jensen, Barbara Johnson, David Johnson, Donna Johnson, Dorothy Johnson, Grant Johnson, Marjorie Johnson, Scott Johnston, Doug Jones, Robin Jordison, Gail Kay, Harold Kearns, Joyce Kearns, Ray Kelly, Brian Kettell, Maurice Kettle, Maury Kilpatrick, Kathrin Knight, June Koci, Lorna Krumpos, Linda Lamb, Julia Landfair Loftus, Linda Lange, Diane

Lange, Helen Langevin, Sharon Lapine, Robert Larrabee, Mary Larsen, Alene Larsen, Starlene Larson, Kathleen Leary, Glen Leonhardt, Don Lindsay, Carol Lindsay, Laurel Lloyd, Donna Long, Henrietta Lopez, Carmen Lowrie, Chris Lund, David Macfarlane, Dan Malaska, Debra Marino, Trish Markoch, Cynthia Martinez, Laurell Martinez, Leonor Martinez, Manuel McClurg, Larry McCormick, Deborah McDonough, Peter McIntyre, Joel Milius, Steve Miller-Lazarz, Caren Miller, Shelley Mills, Brent Millward, Larry Modlin, Ronald Moellmer, John Monson, Craig Monson, Sandra Moore, Rich Moreno, Trish Morfin, Roger Moss, Neil Mott, Dan Mott, Susan Munoz, Erasmo Murphy, Janard Newman, Patrice Nez, Andrew Nicol, Marjorie Nielsen, Deborah Nielsen, Lori Norton, Diana Norton, Keith

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Ocha, Andrew Olsen, Merilyn Oscarson, Gary **Ouellette**, Carol Pace, William Palkovich, James Parker, Paul Parkin, Terry Parrish, Carolyn Passey, Nadine Payne, Donna Payne, Rosalie Pearson, James Peremarty, Nathalie Perkins, Derek Peterson, Carol Platt, Richard Porter, Lynn Potter, Russell Powlas, Catherine Pressett, Gene Price, Linda Pugmire, Kim Randolph, Joseph Ray, Karen Read, Margaret Reib, Carol Reynard, Earl Reynard, Linda Richardson, Kelly Rieb, Carol Roberts, Wendy Rock, Katherine Rodriguez, Lidia Rogers, Jan Rouska, Lois Scardino, Cheryl Schaffer, Emma Scott, John Seeley, Fran Senekjian, Becky Senekjian, Harry Sensenbaugh, Margo Sheen, Peggy Shosted, Cherry Shumway, Kevin Shutt, Esther Simmons, June Simpson, Delmer Skaggs, Jim Slater, Tamera Smedley, Ross Smith, Franklin Smith, Irene Smith, Ruth Smoot VI, Abraham Smoot, Elizabeth Speth, Donette

Stapp, Lynda Starkey, Paul Stephens, Terri Stewart, Marsha Stewart, Patsy Stoddard, Gary Strange, Jean Streeter III, Stephen Streeter, Christine Sturdevant, Sheri Taggart, Lyn Tanzie, Roger Taylor, Kris Tharp, Jolynn Thompson, Jean Thorne, Lani Thorne, Timothy Thurgood, Brent Toole, Tauna Udy, Calvin Unopulos, Stephen Valentine, Dallas Van Dyke, Dorothy VanNoy, Kelly Vastardis, Karen Villanueva, Alex Vivian, Susan Walker, John Walkowski, Cary Walters, MaryAnn White, Charles Whitehead, Jeri Wignall, Sharolyn Wilberg, Carolyn Williams, Bonnie Williams, Martina Williams, Scott Wilson, Barbara Womack, Patsy Wood, Eileen Workman, Joan Yorgason, Keith Young, Ann Zito, Kathleen

New Staff

Tasha Baugh - Food Service Coordinator Candace Woodbury - Registered Dietician Michael Draper - Driver Caleb Stroh - Driver Emmylou Josephson - Food Service Worker

Staff Movement

Amy Richman - Office Specialist transferred from DCHD

Retirements

Robin Ritch Matt Brady Bob Cook Rizyl McKay

Career Service Milestones

Diana Fenn - 10 Years Marissa Black - 5 Years Matt Brady - 5 Years

Division Staff





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By the Numbers

Nutrition	TOTAL
Meals Served	
Number of Meal Assessments	461
Number of Initial Meal Assessments	604
Number of Meal Reassessments	156
Home Delivered Meals	
Home Delivered Meals Served	90,215
Home Delivered Nutrition Clients	668
Clients at Nutritional Risk (Year AVG.)	59%
Congregate Nutrition	
Congregate Nutrition Served	30,079
Congregate Nutrition Clients	1,365
Clients at Nutritional Risk (Year AVG.)	
Senior Activity Centers	TOTAL
Senior Center Participants	10,568
Participation (units)	59,806
Group Socialization (units)	58,674
Non-Medical Transportation-One Way Trips	20,859
Health Promotion	TOTAL
Evidence Based Total Participants	
EnhanceFitness	83
Tai Chi for Arthritis	69
Arthritis Foundation Exercise	0
Living Well with Chronic Conditions	8
Walk with Ease	1
Bingocize	90
Non-Evidence Based Total Participants	97
Non-Evidence Based Participation (units)	8,725

Medical Transportation	TOTAL
One-Way Trips	4,002
Clients Transported	129
Trips Not Provided (unable to serve)	409
Cancellations	190
Vouchers Distributed	153
Vouchers Redeemed	19
SHIP Performance Measures	TOTAL
Beneficiary Contacts	2,168
Under 65	77
Enrollment Contacts	1,647
Group Outreach Contacts	2,858
Underserved Populations Contacts	896
SMP Performance Measures	TOTAL
Counselors	12
Counselors Hours	720
Group Outreach & Educational Events	55
MIPPA Performance Measures	TOTAL
Overall MIPPA Contacts	2,132
Contacts Under 65	75
Native American Contacts	78
English as Second Language Contacts	250
Contacts with Applications Submitted	45
Persons Reached Through Outreach	2,858
Retired Senior Volunteer Program	TOTAL
Volunteers	306
Volunteer Hours	41,421
Total Volunteer (Host) Sites	57
Volunteer (Host) Sites w/Vols.	32

Ombudsman	TOTAL
Total Open Cases	134
Total Complaints Investigated	268
Total Complaints Closed	230
Consultations	1,522
Individuals (Client) Consultations	928
Facility Staff Consultations	594
Facility Visits	247
Routine Visits	171
Non-Routine Visits	76
Resident Council Meetings Attended	52
Resident Council Participants	762
Discharge Interviews	11
Facility Staff Trained	10
Total Volunteer Hours	1,069
In-Home Services	TOTAL
The Alternatives Program	
Clients Served	132
Contact Units	4,345
Quarterly & Monthly Visits	528
New Clients	45
Average Client Cost per Month	334
Average Time on Program	3 Years
Veterans Directed Program	
Clients Served	26
Contact Units	1,008
Quarterly Visits & Monthly Visits	104
New Clients	8
Medicaid Aging Waiver Program	
Clients Served	39
Contact Units	2,459
Quarterly Visits & Monthly Visits	66
New Clients	9

New Choice Waiver Program	
Clients Served	9
Contact Units	2,459
Quarterly Visits & Monthly Visits	66
New Clients	9
RN Assessments	22
Caregiver Support Program	
Total Clients Served	18
New Clients	46
Average Cost Spent per Caregiver	1,1500
Average Time on Program	n/a
Caregiver Academy Classes	0
Caregiver Academy Participants	0
Dealing with Dementia Classes	2
Dealing with Dementia Participants	11
Dementia Dialogs Classes	2
Dementia Dialogs Participants	12
Caregiver Talking Points Encounters	49
Dementia Live Workshops	4
Support Services	TOTAL
Information & Assistance Units	77,272
Information & Assistance Clients	48,455
Outreach Units	781
People Reached	411
Case Management	605
Adult Protective Services (APS)	TOTAL
Number of Calls to APS Intake	931
Opened Cases	457
Number of cases supported	24
Average Age of Victim	67
Victim's Gender (male)	36%
Victim's Gender (female)	61%

Annual Report _____

Community Outreach	TOTAL
Total Community Outreach Events	30
Total Social Media Posts	147
Total Reach of Social Media	39,903
Total Newsletters Distributed	30,132
Center Distribution	6,000
Public Distribution	950
Physical Mail	0
E-mail	23,182
MailChimp Total Campaigns	12
MailChimp Total Recipients	23,182
Successful Deliveries	21,957
Average Open Rate	34%
Average Clicks per Unique Open	28%
Coalition for Abuse Prevention of the Elderly (CAPE)	TOTAL
Total Cases Staffed	20
Total Active Participates	41
Average Meeting Attendance	17
Training Presentations Given	4
Fleet Vehicles	TOTAL
Maintenance Events:	120
Preventative	53
Other Maintenance	67
Accidents	2
Miles Driven	195,176
SNAP	TOTAL
Target Enrollment for Grant	650
Enrollment (Nov-Dec 2024)	4
Successful enrollments (receiving benefits)	1
EST Value of SNAP Application Summitted	\$7,584

SFMBP	TOTAL
Total Enrolled	73
Total That used Vouchers	58
Total Vouchers Distributed	1,320
Total Vouchers Redeemed	545
Total Dollar Amount	\$2,725
Legal Services	TOTAL
Clients Served	
Legal Service Units Provided	