

# HELP PATIENTS QUIT TOBACCO

## ■ ASK

- Ask EVERY patient at EVERY visit about tobacco use.
- Ask about all forms of tobacco, not just smoking.



## ■ ADVISE

- Urge all tobacco users to quit.
- Give clear, strong and personalized advice.



## ■ CONNECT

- Connect your patients to [waytoquit.org](http://waytoquit.org) and [1.800.QUIT.NOW](http://1.800.QUIT.NOW).



## ■ WHY CONNECT?

**70%** of Utah adult smokers plan to quit

**31%** of Utahns who call the Quit Line quit for 30 days or longer

## ■ HOW TO CONNECT

1. Go to [waytoquit.org](http://waytoquit.org) and click on the “Healthcare Providers” link in the upper right hand corner.
2. Scroll down, click on the “Utah Tobacco Quit Line Online Referral Form” OR “Fax Referral Form”.
3. Complete the form and submit. The Quit Line will contact your patient within 48 hours.

