



ADOPTING A SHY CAT

First of all, thank you for adopting! You've chosen to adopt a cat that's looking for its courage. With a bit of patience and a lot of love you'll be on the road to bravery in no time.

SET A ROUTINE

An uncertain cat feels more settled when she knows what to expect and when.

FIND COMMON GROUND

Take some time to learn what activities your new feline friend prefers. Does he respond well to being brushed? Love snacks? Always play with wand toys? Use these distractions to encourage and reward interaction.

RESPECT PERSONAL SPACE

Forcing a cat to endure cuddling will only make things worse. Start out by simply sharing the space without interaction. Sit in the same room and read, play quiet video games, or even watch TV. Provide kitty with alone time too.

TAKE BABY STEPS

As your new cat gets more comfortable, increase the length of interactions a few minutes each day. Use treats to reward your kitty after she lets you pet her or hold her—even if just for a few moments.

TRY SYNTHETIC PHEROMONES

FELIWAY Spray or Diffusers have been shown to help cats feel more calm and comfortable by mimicking the natural feline reassuring messages.

Most importantly - stay calm, stay consistent, and stay patient.